

Tennis Coaching

FALL PROGRAMS FOR ADULT

Adult Program: 4 - 1 ratio per group

LADIES RATED CLINICS | \$48 per session

These group lessons are structured so that all participants are of equal or similar ability. Emphasis is placed on stroke development, shot placement and strategy.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 – 9:30 a.m. ITN 7 & 6	7:00 – 8:30 a.m. ITN 5 ITN 7 & 6	8:00 – 9:30 p.m. ITN 7 & 6 ITN 5	8:00 – 9:30 a.m. ITN 4 & 3 ITN 7 & 6	8:00 – 9:30 a.m. ITN 5
9:30 – 11:00 a.m. ITN 5	8:30 – 10:00 a.m. ITN 4 & 3		9:30 – 11:00 a.m. ITN 5 ITN 9 & 8	9:00 – 10:30 a.m. ITN 4 & 3
	10:00 – 11:30 a.m. ITN 5			9:30 – 11:00 a.m. ITN 7 & 6
	10:30 – 12:00 p.m. ITN 7 & 6			Ladies Drop-In (ITN 7 & below) 10:30 – 12:00 a.m. ITN 7 & 6
	8:00 – 9:30 p.m. ITN 9 & 8			

Conversation chart: ITN 8 = NTRP 2.5 | ITN 7 = NTRP 3.0 | ITN 6 = NTRP 3.5 | ITN 5 = NTRP 4.0 | ITN 4 = NTRP 4.5 | ITN 3 = NTRP 5.0

TUESDAY ADULTS CARDIO

\$48 per session

6:30 p.m. – 8:00 p.m.

Only by invite for advanced players

WEDNESDAY & THURSDAY DOUBLES DRILLS

\$48 per session

6:30 p.m. – 8:00 p.m.

Only by invite for advanced players or STA

SATURDAY DROP-IN | \$48 per session

Fast paced, high intensity workouts open to players of all abilities. Members are charged on a per attendance basis and are required to sign up 24 hours in advance. Spaces are limited.

• *Men

Saturdays 10:00 a.m. – 11:30 a.m. *Saturday Men's Drop In sign up is only available 24-hour in advance.

PRIVATE LESSON RATES (per 60 mins & per person)

Azhar Zainudin	Tennis Director	\$118
Jorge Pinilla	Director of Players Development	\$118
Herman Ali Jack Konieczny Shah Khairil Amali Marcela Fonseca Reduan Ariffin Ethan Lee	Tennis Coach	\$108

CANCELLATION POLICY

- Each additional person: \$10 on top of private lesson fee.
- Please note that there is a 24 hours cancellation policy for private lessons. Lesson cancelled less than 24 hours will be charged in full.

Terms & Conditions

*The above prices are inclusive of GST. Updated on 2022 June.

¹ Based on skill levels and coaches' assessment • Classes are on a first-come, first-served basis • This is a term-based program with a permanent 2 weeks cancellation policy • No classes on public holidays • Each class needs a minimum of four registered participants to commence

If you have any question or need assistance please email Muhammad Hussein at muhdh@amclub.org.sg or call the Sports Counter at 6739-4312.

Reminders:

- Maintain a minimum 3 metre buffer between the groups at all times